

Adult Grief Support Group



**A self-help group for adults
grieving the death of a loved one**

**Tuesday Evenings: 5-7pm
February 2, 9, 16, 23 March 2, 9, 2010
Redwood Area Hospital
Adult Day Services Room**

The Adult Grief Support Group can offer support, friendship, information and an opportunity to talk or listen with other people who are grieving. The group will explore topics such as Sharing My Story, Identifying and Expressing Feelings, Exploring Unfinished Business and more to help participants begin to work through their grief.

**For more information and to
pre-register, call Amy Boettger,
Licensed Social Worker at
507-637-4617.**

There is no cost for this support group



Redwood Area Hospital
100 Fallwood Road
Redwood Falls, MN 56283
(507) 637-4500
www.redwoodareahospital.org