

Health Connection

CARING PEOPLE...CARING FOR PEOPLE

Convenient Care Services

Bringing Specialty Care Close to Home

At Redwood Area Hospital, our experienced staff is dedicated to improving the health of patients and the community. However, there are times when you or a loved one may need to receive specialty care that is beyond the scope of services permanently located here. That's why we created the Convenient Care program, which helps bring medical specialists, not otherwise available locally, to our area to care for you.

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How Convenient Care Got Its Start – and Grew

"The Convenient Care program began almost 10 years ago with one physician," says Bobbi Riley, LPN, Convenient Care coordinator. "Dr. Paul Matson, an orthopedic surgeon, began traveling from Mankato to see patients at Redwood Area Hospital."

In 2000, the hospital added space that included the Convenient Care area, and that allowed the program to grow, too. "Since the hospital expansion, we've been building the Convenient Care program, and it's become a very busy area," Riley says. The program now includes five specialty physicians – two orthopedic

surgeons from Mankato, an allergist from New London, an otolaryngologist (ear, nose and throat specialist) from Willmar and a nephrologist (kidney physician) from the Twin Cities – who travel to the hospital to treat local patients (see box).

The Convenient Care area currently includes three exam rooms, two treatment rooms and an office area. Convenient Care physicians can use the hospital's lab and X-ray services, as well as its operating rooms. To further maximize the space and hospital services, the Convenient Care treatment rooms can be shared with the hospital's emergency department when needed.



Bobbi Riley, LPN, and Lisa Dillion, CMA, coordinate the Convenient Care program at Redwood Area Hospital.

A year ago, Lisa Dillon, CMA, joined Riley to assist with coordinating the program and scheduling. "Our physicians do not require referrals, but some insurance companies do require prior authorization," Riley says. "Lisa is very good at walking patients through the insurance requirements when they call to schedule appointments."

Home Base Benefits Patients

One of the greatest advantages of the Convenient Care

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Redwood Area Hospital's Convenient Care Doctors

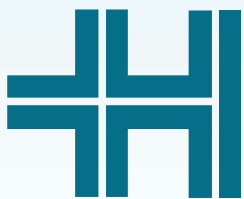
Allergy and Asthma: Edward Green, MD • New London, MN

Ear, Nose and Throat: Martin Janning, MD • Willmar, MN

Nephrology: John Opsahl, MD • St. Louis Park, MN

Orthopedics: Edwin Harrington, MD, and Paul Matson, MD • Mankato, MN

For more information and scheduling, call **507-637-4631**.



Redwood Area Hospital
100 Fallwood Road
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www.redwoodareahospital.org

Ear, Nose and Throat Specialist

Martin Janning, MD

“Redwood Falls is my hometown,” shares Martin Janning, MD, otolaryngologist, head and neck surgeon. “I grew up and met my wife here. We’re both graduates of Redwood Falls High School. I know many of the town’s doctors firsthand – from when they treated me as a kid – and respect their skills and experience greatly. It’s very special to return to this community and share my services with the people here.”

Dr. Janning has been part of Redwood Area Hospital’s Convenient Care program for 10 years. He started in 1997 as a member of Affiliated Community Medical Center (ACMC) in Willmar. After six years with ACMC, Dr. Janning took a two-year hiatus to start up his own ear, nose and throat (ENT) practice in Willmar – Janning ENT Center, LLC. Dr. Janning rejoined the Convenient Care program in 2005.

Seven Areas of Expertise

As an ENT specialist, Dr. Janning treats medical and surgical disorders and diseases of the head and neck. Areas of expertise include diseases of the ears, pediatric ENT problems, head and neck tumors, facial plastic and reconstructive surgery, rhinology (disorders of the nose and sinuses), laryngology (voice and swallowing problems) and allergies. The most prevalent disorders he encounters are chronic sinusitis, nasal allergies, snoring, obstructive sleep apnea, ear infections, balance disorders and inflammation of the tonsils.



As an ENT specialist, Dr. Martin Janning treats medical and surgical disorders and diseases of the head and neck.

A typical afternoon for Dr. Janning at Redwood Area Hospital can include appointments with 12 to 15 patients. “The Convenient Care clinic is located right next to the operating rooms at the hospital, so it is very efficient to move between patient care appointments and surgical procedures,” says Dr. Janning. “Most ENT surgical procedures are performed right here. In rare cases, surgeries may be scheduled in Willmar because of the availability of specialized equipment there.

For an ENT Appointment

Dr. Janning sees patients at Redwood Area Hospital every other Friday from 1 to 5 p.m. Appointments can be made by calling Redwood Area Hospital’s Convenient Care program at **507-637-4631** or Janning ENT Center at **320-231-EARS (3277)**.

“With different medical specialists coming to Redwood Area Hospital through the Convenient Care program, members of this community are very fortunate to receive the quality of care and expertise typically only available at larger clinics such as the Mayo Clinic,” comments Dr. Janning. “The nicest benefit – you don’t have to leave home!”

Bringing Specialty Care Close to Home *... continued from page 1*

program is that it saves driving time. “It’s a great comfort for our patients, especially the older population, to not have to drive to the larger cities,” Riley says. “For example, even if a patient needs to travel out of town for total joint replacement surgery, he or she can come back home and complete all follow-up checkups here.

“Convenient Care patients have also used the hospital’s swing bed program and have had physical or occupational therapy on-site,” Riley explains. “The patients’ ultimate goal is to get back home, and when they are closer to home and their loves ones, their recovery is often faster than if they are in unfamiliar surroundings.”

More Than Meets the Eye

“Our scope of services is getting larger as more patients learn about the program,” Riley notes. “We may be a small community, but as soon as patients walk through our door, they realize how much we have to offer. We are fortunate patients can get quality care close to home.”

Orthopedic Surgeon

Edwin Harrington, MD

Redwood Falls residents in need of orthopedic services – to set a broken bone or relieve the pain of carpal tunnel syndrome, for example – can find the care they need close to home, thanks to Edwin Harrington, MD, orthopedic surgeon with Redwood Area Hospital's Convenient Care program. Dr. Harrington has been seeing Redwood Falls patients for 10 years, first through Affiliated Community Medical Center (ACMC), and now every Tuesday through Redwood Area Hospital.

"I enjoy Redwood Falls patients, and the physicians here are excellent," Dr. Harrington says. "We work very well together."

A Day in the Life

Dr. Harrington spends at least a portion of every Tuesday at Redwood Area Hospital treating a range of musculoskeletal problems and performing outpatient orthopedic surgeries. "We see fractures of all varieties, especially hip fractures in the elderly," he explains. "I do a lot of arthroscopies of the knee, endoscopic carpal tunnel surgeries, and I treat tendon and hand injuries."

"I enjoy Redwood Falls patients, and the physicians here are excellent. We work very well together."

— Dr. Harrington

For inpatient procedures, such as total joint replacements, Dr. Harrington performs the surgery at Immanuel St. Joseph's Hospital in Mankato, and provides follow-up care in Redwood Falls. "I don't want to be an itinerant surgeon, where I perform the surgery



Dr. Edwin Harrington treats a young orthopedic patient at Redwood Area Hospital through our Convenient Care program.

and have the doctors in Redwood Falls take over the care," he says. "Most of the inpatient orthopedic procedures I do require significant orthopedic involvement for the first three to four days, so I want them to be in a place where I can see them every day."

Providing Patient Continuity

One reason Dr. Harrington continues to drive the hour and a half between Mankato and Redwood Falls each week

is to deliver personal, consistent care to his patients. "I've been doing this for a number of years, and I know my patients. I'm not just there once a month, so I can follow them fairly closely," Dr. Harrington explains. "I enjoy coming to Redwood Falls. I've done other outreaches, and Redwood Area Hospital is my favorite. They work very hard to keep things working for me."

For an Orthopedic Appointment

Dr. Harrington sees patients at Redwood Area Hospital every Tuesday. To make an appointment, call 507-637-4631.

CALENDAR OF Events



Arthritis/Fibromyalgia Support Group

Provides information on arthritis and fibromyalgia, as well as fellowship and friendship. The support group meets the second Tuesday of the month (Sept.-Nov.) from 2-3:30 p.m. Contact Maydra Maas, RN, CNS, at **507-637-4562**.

Adult Grief Support Group

Offers support, friendship, information and an opportunity to talk or listen with other people who are grieving. Support group dates: Oct. 2, 9, 16, 23, 30 and Nov. 6 from 6:30-8:30 p.m. To register, contact Joleen Johnson, LSW, at **507-637-4616**.

Bridging the Gap

Gives kids grades K-12, who have experienced the death of someone special, the opportunity to connect with others “who have been there.” Meeting date: Oct. 20 from 9 a.m.-1 p.m. To register, contact Joleen Johnson, LSW, at **507-637-4616**.

Diabetes Basics Classes

This series of four class sessions is scheduled over a six-month period for people newly diagnosed with diabetes. Contact Dorie Oja at **507-637-4518**.

Childbirth Preparation Class

Our next one-day session is scheduled Nov. 10 from 9 a.m.-3 p.m. To register, contact the OB Department at **507-637-4627** or register online at www.redwoodareahospital.org. Session fee: \$15 per couple.

CPR and First Aid Training

CPR and First Aid classes are offered at the Redwood Area Hospital throughout the year. To register for a class or to arrange for training for your business or group, contact Shelly Pauling at **507-637-4527**.

For more details on this information as well as other services provided by the Redwood Area Hospital, log on to our Web site at www.redwoodareahospital.org.

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